

# Sunnyside Snippets



August 2024

## GREEN THUMBS

Wilma and Nick both have green thumbs! We cultivated Daphne, Leucadendron, Grapes and Rosemary. We now will wait 6 weeks to hear from Frank how successful we were.



## PAT IN HER HAT

Pat and Adam found something in Bullen Merri wing. They were not sure if it was a hat or a bowl. Pat decided that it made a better hat than a bowl. Later on, we found out it was actually a vase that Tim had made. Whoops!



## SCRABBLE FUN

A resident who left us many years ago, donated his scrabble board to Sunnyside. It gets plenty of use and always will!



## ARTS & CRAFT

We used Shaving Cream and Food dye to create some master pieces. If anyone would like to purchase some art work, they are exceptionally priced and all proceeds go towards filling Adam's belly!



## KOALA SPOTTING

One morning, Rina spotted a koala in the park next door. He/she sat in the tree all day. A little group of us went on a spotting mission. Koalas are cute but we've decided they're not very exciting!



## KENNY GARRETT

Kenny Garrett visited us again this month and put on a wonderful show with his sidekick Trixie.



## FOOTY TIPPING

What a great footy tipping the residents had. Tim finished the season on a high, getting 9 winners which allowed him to finish on top with 130. Second was Kate with 128 points and equal third was Jonesy and Greg on 125. It was a very close competition! We are looking forward to finding out what 2 teams will make the grand final. Lots of footy banter around at Sunnyside House at the moment.

### LEADER BOARD:

1. Markita 132
2. Tim 130
3. Kate 128
4. Jonesy and Greg 125
5. Wallis and Denise 115
6. Double D 114
7. Walter 112
8. Peter 109
9. Joy 106
10. Leonie and Ian Smith 101
11. Maude 100
12. Norma 99
13. Dorothy N 98
14. Gwen 95

The staff and family had their own comp, which was close all season. Nathan Brewer taking the win and equal second was Sarah Hinkley and Bruce Shrubbs and holding everyone up was Rozzy Rankin. We look forward to another footy season comp next year. Thank you to all that took part in both the residents and staff comp, it was loads of fun!



## POETRY

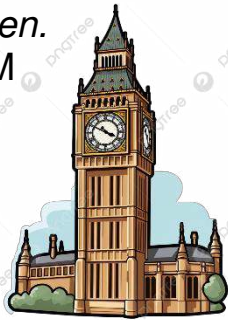
Adam thought why not put our poetry skills to the test. First he thought we should watch a YouTube video of a poet explain how to write poetry but the first thing the poet said was to read poetry for 10,000 hours. Adam thought that was the most ridiculous thing he had heard all week, so we put pen to paper and that was the beginning of the caper.

*Jenni and Eric went on a holiday  
They have gone a very very long way  
away*

*Off to a place in the motherland  
Perhaps they will get to see a brass  
band*

*Hopefully they didn't get lost in the  
sand, whilst walking hand in hand  
They are in the town with the biggest  
Ben*

*I do hope to see them soon, but I'm  
not sure when.  
- Denise M*



*Hickory Dickory dock the pussy cat  
ran up the clock  
The cat was a boy and he played with  
a toy  
And he lived all the way around the  
block  
As the clock struck 4, he got to the  
door  
And a surprise was left for us all  
Unfortunately he had left a poo right in  
the middle of the floor  
- Joy M*



*I want to be a pretty bird that fly's up in  
the sky  
And as I watch the days go by, I'll  
often think of pie  
I think of meat pie, I think of sweet pie  
But I won't tell you a lie  
Because most of all id prefer to fly way  
up in the sky  
- Dorothy N*



*Kyley spent most of the day looking  
for Steve's dog*

*They went up, they went down  
They went around and around  
And did not even spot it*

*Back to the house to get the bike  
This helped them not have to hike  
When they got home they were not  
alone*

*As the dog had already returned to her  
bone  
- Eva P*



## LORRAINE OATES

### What did you used to do for work?

Office work at a solicitor in Cobden.

### Where were you born?

Cobden Hospital

### What is your favourite hobby?

Lawn bowls, scrabble and sleep.

### What is a fun fact about yourself?

I was a girl guide leader in Cobden. I enjoyed the camps and getting all the teens together.

### What Football team do you barrack for?

Locally, Cobden. In the AFL I go for Geelong, I did change from Carlton.

### What is the best piece of advice you have ever been given?

“Don’t talk so much”



## DENISE MADDEN

### What did you used to do for work?

The little Acorn in Terang, I took the cups of coffee out to customers and make sandwiches.

### Where were you born?

Geelong Hospital

### What is your favourite hobby?

Jigsaw puzzles and horses! I go to visit the horses every Tuesday, I love it. The puzzle I am working on at the moment is a 500 piece jigsaw.

### What is a fun fact about yourself?

I’ve visited Singapore and I have been on a lot of holidays all around.

### What Football team do you barrack for?

Geelong

### What is the best piece of advice you have ever been given?

“Keep the puzzle pieces tidy and its easier to complete”

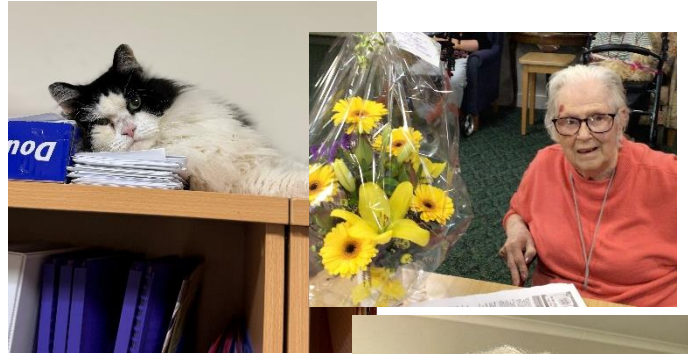


## OLYMPIC FUN

We decided to ice some biscuits with green and yellow icing in celebration of the Australian Olympic Team.



## PHOTO BOARD



## BUS TRIP

We went on adventure to Lismore to have a look at the painted silos, we were very impressed. We also had a look at Mt Elephant on the way.





**SUNNYSIDE  
HOUSE**  
Residential Aged Care

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*Vision: Create secure and friendly surroundings and continue the delivery of quality care to all residents*

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## INVITATION TO BE INVOLVED

Sunnyside House was formed to address the need for aged care facilities in Camperdown.

Sunnyside House is governed by a Board of people drawn from the Camperdown community and employs a Chief Executive Officer, Care Manager and a large number of employees who work in the areas of nursing, personal care attendants, cooking, domestic, maintenance and administration.

The Sunnyside House facilities in Camperdown enable people to remain in the district, provide an employment base and maintain the threshold of community relationships and structures that keep a rural community economically and socially viable.

Sunnyside House fills a gap in community support services and residents and their families have expressed a high level of satisfaction.



### **Would You Like to be a New Board Member?**

The strategic direction of Sunnyside House is overseen by a voluntary Board of Directors, who together with staff at Sunnyside are committed to the achievement of excellence that benefit the region now and into the future. Would you like to join as a Board Member and contribute to the running of the Home?

We would love to talk to you about an exciting opportunity to join our Board - legal, financial and commercial skills would be an advantage.

Please contact Reception who will have a Board Representative call to discuss.

### **Would You Like to be a Member of Sunnyside House?**

Sunnyside House is a major community asset in the Camperdown Region, employing over 50 staff from the local area and together with many hard-working volunteer support groups provide outstanding care for our Residents. Would you like to be a Member and vote at our annual AGMs?

Please contact Reception to receive a Membership Form.

We look forward to hearing from you.

Thank you.