

MARCH-JUNE 2024

#### **EASTER**

Staff and families gifted some goodies for the easter raffle. All money raised goes back into Sunnyside House.lan C helped Markita draw all the winners and helped deliver the prizes around to the lucky winners. The Winners were Shaun J, Heather G, Mary C, lan C, Diane, Yvette, Erin, Jonesy, Denise M and Dorothy D.

The residents also created a variety of easter crafts such as Easter bunnies out of bed socks and Easter bunny ears which everyone had a lot of fun creating. Bec swears the bunnies are multiplying, she is finding them in corners all around Sunnyside!









# JACQUI & WINNIE

Jacqui from the Camperdown vets brought in Winnie.

Winnie had lots of residents that were happy to have a pat or 6 with Winnie. Winnie took a liking to Kate's cat on her walker, she kept coming back for a sniff! We are looking forward to having Winnie and Jacqui back for another visit.









### **PUZZLES**

Vikki loves a puzzle. Denise and Vikki have completed a few very pretty puzzles lately. Then Nick our maintenance man has put some of the puzzles on backing boards so they can be displayed on the walls.

#### **ENTERTAINMENT**

Sunnyside residents enjoy having entertainers come into their home to put on a show for them.

Jo and Graeme visit once a month to put on a show for us all, lots of laughs are shared and you can hear everyone's beautiful singing voices all the way at the front door.

John Larkins visits fortnightly to play some beautiful tunes on the piano for the residents at Sunnyside House.

Kenny Garrett is a new edition that will be coming to visit once a month to sing for us with his little dog Trixie.

Kate's son Tim visited her and played some tunes along with some singing, he is very talented and has the voice of an angel. Adam has invited him to come play some songs in the main lounge. We love live music more than most things. So Tim, When are you going to come play for us?

We are very grateful to everyone who visits Sunnyside to put on a performance for us. We like having guests back into our home now that Covid has eased off and we are able to have everyone back to entertain.









### BINGO

Bingo is a big hit up here at Sunnyside House, it pulls in a fantastic crowd.

Eyes down and it gets taken very seriously. We all play different lines, Top, middle and bottom, around the race courses amongst other ones.

Bingo brings a lot of joy into the Sunnyside House.

The winner takes home a chocolate or two.



# **GETTING CRAFTY**

Joy, Markita and Adam came up with a beautiful wall hanging. It brightens up a bit of the wall. The internet is a fantastic place to find craft ideas.

Adam decided he would like us to make a mess one afternoon with some arts & crafts. Bubble wrap pour painting is very messy but also very interesting. Some of the paintings were quite impressive. The results are hanging up around Sunnyside.

So, have a look at these very creative, colourful paintings. We are surrounded by some talented artists!









### THE BIRDIE HILTON

Ron A had an influx of canaries which he was kind enough to add to our flock. The Birdie Hilton is thriving with lots of different species. We enjoy watching the birds in the aviary





### **ZUCCHINI OVERLOAD**

Tim birthed a baby! We had zucchini coming out of our ears., We ate zucchini in different forms of foods. Tanya in the kitchen is very happy to see the end of the zucchinis and the tomatoes.



### COOKING UP A STORM

We got together and made a chutney. Adam only read the first few lines of the recipe, Ros fixed it. Apparently the cloves were supposed to be in muslin not ground into a powder and added. It was still delicious, so they say. Ian and Adam bottled up lots and lots of

chutney.
Over all it was an eight day cooking expo!

A morning spent peeling and cutting apples. We got through many kilos of

apples and the kitchen froze some of them. We had apples for sweets in a variety of desserts.



### **ANIMAL LOVE**

Mac (Adam's doggie) comes in and visits some days so he doesn't have to stay home alone. Mac has a great time when he is here with us, he loves the attention and even more the pats. He loves morning and afternoon tea.

Jenny brings her fun little doggie Scotty in sometimes as well . He gets to relax and have a good time with the residents.



### IN THE SALON

Our residents' hairdresser Tracie does a very good job. Tracie comes in on a Tuesday and works her magic. Sometimes she is so busy we have to wait till the following week to be pampered.



### **ANZAC DAY**

Peter, Ash and Barb laid the wreath on ANZAC day. We had a nice service and paid our respects to all. Maude, Lorraine, Tim and Joy also helped with the ANZAC wreaths.

They shall grow not old, as we that are left grow old;

Age shall not weary them, nor the years condemn. At the going down of

the sun and in the morning, We will remember them.



# CREATING INSIDE GARDENS

In May, Frank, Tim, Maude and Adam created some inside gardens. We sat them on the piano to see if they would take off. We think once they are all growing we can place them on the dining tables.







# BUS TRIP TO CUDGEE WILDLIFE PARK

The residents also enjoyed a bus trip out to the Cudgee Wildlife Park. There was Monty the black headed python, Turbo the blue tongue lizard, Ned the shingle back lizard, Basil the wombat, Gigi the blonde brush tail possum, deer's, dingoes, kangaroos, a barking owl, koalas and many more. A good time was had by all.



### **BIRTHDAY CELEBRATION'S**

Joy turned 107 this year.(Adam's hoping this makes you laugh Joy). Her good friend Tim picked and arranged a lovely bunch of flowers for her birthday. Joy had a great day.

Jack had a birthday, we had a celebration and all enjoyed a slice of cake, a laugh and some good times.

Denise was asked what her favourite cake would be for her birthday. Ros was so pleased that Denise chose a rainbow cake! It had been a minute or two since Ros had made a rainbow cake. It was DELICIOUS!!! Denise has decide she would like a football cake for her next birthday.

Ellen, Andy, Theresia, Pat B, Walter, Fiona, Heather G, Wallis, Greg, Ian B and Gwen also celebrated their birthday's with some yummy cake and afternoon tea.









### **FOOTY TIPPING**

Monday morning is a very exciting time for all the footy fans up here at Sunnyside House.

There's lots of footy banter during the week, especially when resident's and staff's teams are playing against each other.

Markita is trying to get them to swap to barrack for Melbourne but Wallis and Leonie are the only Dee's supporters around here.

Here is the Current Leader Board.

# Leader Board:

- 1. Markita 89
- 2. Jonesy 87
- 3. Tim 85
- 4. Kate 86
- 5. Greg, Wallis and Cheryl 78
- 6. Denise 77
- 7. Joy 75
- 8. Double D and Walter 70
- 9. Leonie and Ian Smith 69
- 10. Peter R 67
- 11. Norma and Gwen D 65
- 12. Maude and Dorothy N 62



### **BIGGEST AFTERNOON TEA**

On the 27<sup>th</sup> of May the kitchen staff put on a big afternoon tea for us to raise money for the Cancer Council to bring us closer to a cancer free future.

The residents and staff raised \$188 to go towards cancer research. We enjoy having gatherings in the main lounge with lots of chatter and laughing over a hot cuppa and a nice piece of cake.



## KEEPING WARM

These past few months have been rather cold, but look at Andy! He is keeping warm and toasty in his lovely sheepish rug.



# MELBOURNE INTERNATIONAL FLOWER & GARDEN SHOW

Frank and Krooze went to the show and came back with plenty of ideas and innovations to add to Sunnyside's beautiful gardens. Frank stopped for a sit – down at one point!



### VALE

Over the past few months we farewelled Cliff, Millicent, Bill and Harvey. We offer our sincere sympathy to their extended family, friends and Sunnyside staff. We trust that we served them well during their time with us.



### **PHOTO BOARD**

