

Sunnyside Snippets

MARCH 2023

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Special Visitor

Much to our delight we had a visit from Cooper the therapy dog and his Mum Leah. He is a lovely, warm-hearted dog who gets along well with everyone. He was very polite and well behaved, especially since he arrived just in time for morning tea. Cooper may have been snuck a few extra tidbits.





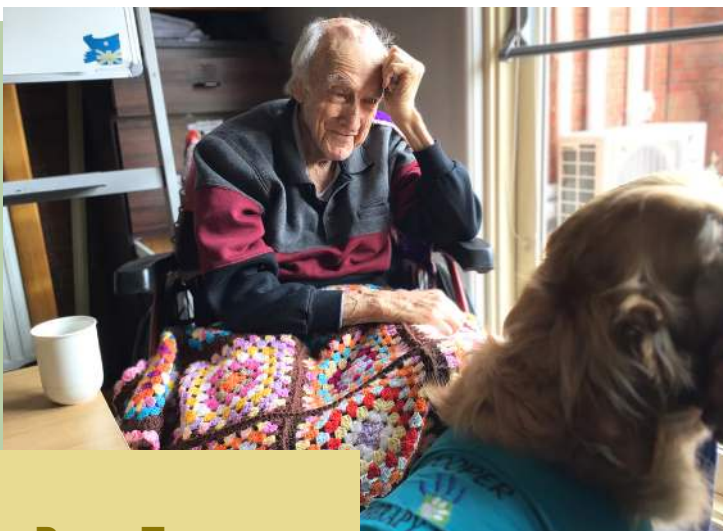
Sunnyside Cinema

Markita set the resident loungeroom up like a cinema for us to watch Oddball. It's a great movie about a maremma dog in Warrnambool that protects penguins. We highly recommend this movie as it's a lovely story based so close to home.



Morning Melodies

The Long and the Short of It played in March for Morning Melodies. Patsy and Dave put on a great performance enjoyed by all.



Gardening Guru

Tim is our resident gardening guru who can often be seen pottering around outdoors. This month he had new raised garden beds to plant vegetable seedlings in.



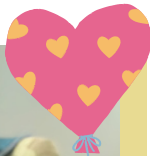
Thanks to Frank and Rowan for setting the new beds up! Tim also has a new-found love of picking and arranging flowers for residents and staff. He takes great pride in his creative arrangements, brightening up the day for everyone at Sunnyside. Adam thinks Tim must have been a florist in a previous life (possibly even a Royal Florist).



Lolly Trolley

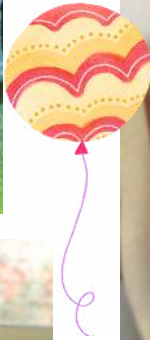
Vikki has taken full charge of the Lolly Trolley. We are lucky to have so many delicious treats to choose from!





March Birthdays

We had a bumper lot of birthdays to celebrate during March. Ellen K enjoyed turning 21 again. Andy M had a great day with his family. Joy M turned the big 80 and was happy with her 100s and 1000s on pink icing sponge cake. Marg L celebrated her 83rd on the 13th (lucky for some) with a chocolate iced ginger fluff cake. Many thanks to the Catering staff for their baking expertise. It's always a great birthday when your cake is bigger than you are!

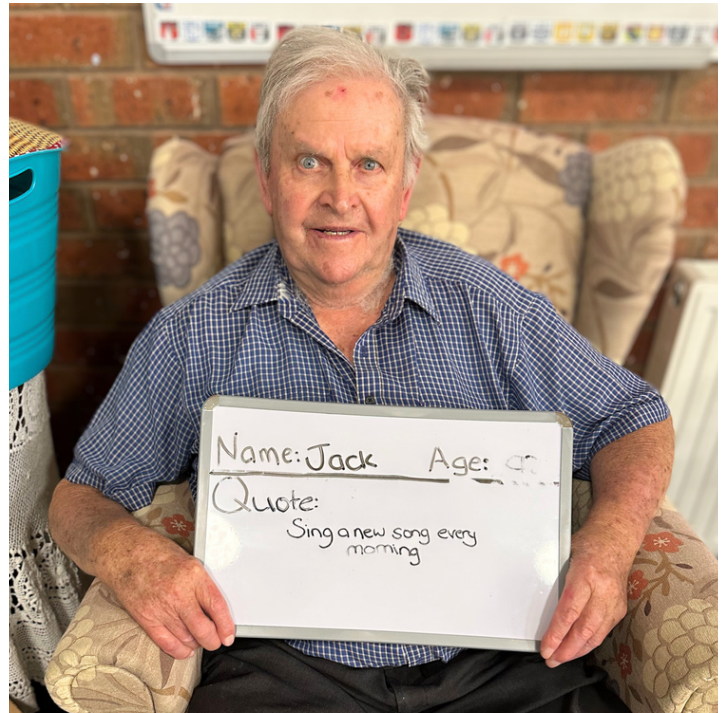
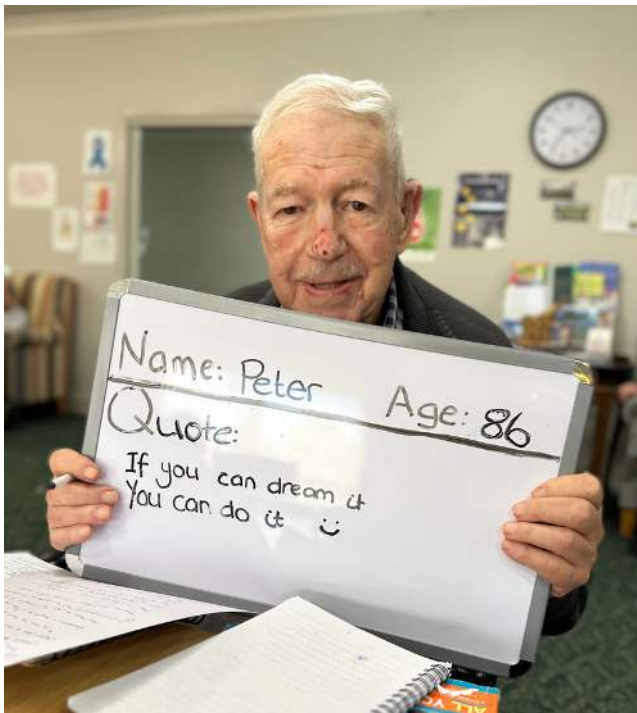


Hungry Hungry Timmo

Tim M's hearty breakfast appetite surprised everyone! Tim had four slices of toast, three eggs and "half a pig", washed down with at least three cups of tea. Bon appetit!



GOOD MORNING



Do you want to contribute to Snippets?

We would love to print your poems, stories, artworks, photographs, tall tales, memories, or anything else you'd like to share. Please leave your contributions with Erin at Reception, give to Activities staff, or email rec@sunnysidehouse.com.au



Amazing Art

Having had enough practice on paper, residents got their hands on some artists' canvases and new paints. Each resident chose a picture to replicate in their own style.

The paintings all came up so well, we had them mounted on the walls and are considering auctioning them off!

Thanks to Adam for keeping everyone in fresh art supplies.



Know when to hold 'em

Residents were kept busy during our COVID outbreak with some impromptu card games in one of the wing kitchenettes.



Know when to fold 'em

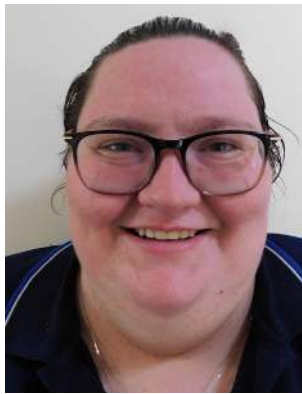
The Gnotuk Serviette Crew recruited Mary C to their group once again for a chat and some quality serviette folding. This is a big help for our Catering staff. Don M sat out this month as he had a prior engagement. Big thanks to the Crew for getting it all done, and also for keeping an eye on who is using too many serviettes.



New Staff Members

This month we welcomed Bernadette and Morgan to our Nursing and Catering teams.

Please say hello when you see them around!



Staff Leaving

Goodbye to Peta (RN) and Amy (Catering). We will miss you! We wish you all the best in your future endeavours.

Acting CEO's Report

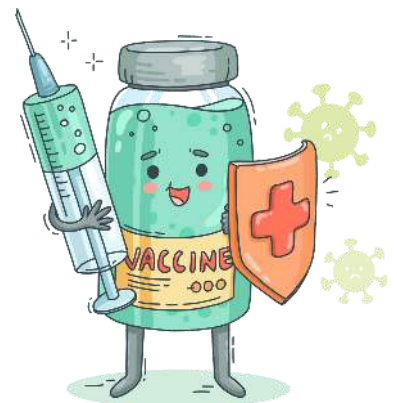
Hello everyone,

While March brought COVID back to the facility, it was thankfully over quickly due to the care and vigilance of Sunnyside's wonderful staff. It brought about yet another timely reminder that our COVID boosters and Flu Vaccinations are about to be due. We hope to have both residents and staff vaccinated in early May. Once this is complete we will be requiring visitors to have had their Flu vaccination as well.

I hope you're all out enjoying the beautiful autumn weather before raking leaves turns into a full-time job for a couple of weeks. 😊

Kind regards,

Bec Siemon, Acting CEO.



Vale

This month we farewelled Jane B and Mary H. We offer our sincere sympathy to their extended families, friends and Sunnyside staff.

We trust that we served them well during their time with us.