

Sunnyside Snippets

FEBRUARY 2023

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Farmyard Friends

Once again we visited a local farm with Vikki and Chris. We fed some hungry goats and a pony, and had quality cuddles with the farmhouse cat, some pretty chickens, and a lovely Border Collie. This gorgeous dog enjoyed meeting us as much as we enjoyed meeting them!



Claire's Farewell

After years of dedication and commitment to the residents and staff of Sunnyside, Claire stepped down from her role as CEO. Jack read a wonderful poem befitting the occasion. Claire will be missed by all.



THANK YOU!



Baking Afternoon Tea

A few of us got together to do a bit of baking. We iced cupcakes to eat for afternoon tea that day, and also baked scones. Some of us thought the scones might be a failure, but with Adam's "expertise baking knowledge" they turned out so good many residents asked for seconds.



Cycling in the Sun

What a treat we had in store one sunny Wednesday afternoon! Markita organised Cycling Without Age to come visit us with their tuk-tuk style tricycles.

Our riders soon realised it was a bit too much effort pedalling two people up the hill, and that a single passenger was a better idea. It was a great afternoon with lots of smiles and laughs, and fortunately no skinned knees!





Birthday Celebration

This month's one and only birthday also fell on Valentines Day. Dorothy N celebrated in style with milkshakes and Valentines treats, leading up to the delicious sponge cake. The day and the desserts were enjoyed by all.

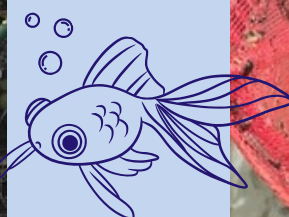
Morning Melodies

Lance Birrell played the main gig at Morning Melodies in mid February. He did a great job entertaining, as did Bidge. A big thank you to Bidge and Barb for their ongoing efforts. It really means a lot to the Sunnyside family to attend Morning Melodies each month. We all love a bit of toe tapping and knee clapping!



Fish Pond Revamp

Thanks to Rowan and Frank who deep-cleaned our fish pond this month. It was looking very murky in there, and Rowan had his work cut out dealing with all the slime. Luckily nothing sinister was lurking in the depths. The fish seemed startled by events, but all survived the process and are now thriving.



Enjoying the Garden

The 10th of February was a glorious day. No one could ask for nicer weather. Vikki and Adam raised a group of us for a scrumptious garden walk. The gardens were looking a treat and the weather just wonderful.



We took advantage of another day of fantastic weather on the 20th, with residents and care staff taking a huge garden walk. It was great to see so many residents getting outside for fresh air and a few sun rays.





Outdoor Bobs

Bill Henry decided he needed a hat for this game of Bobs. Tim took the lead early but as the game advanced the scores got quite close, and came down to a nail-biting finish.

We often wonder about Adam's counting skills, or if he purposefully sneaks in a few extra points here and there.

George's Marvellous Tuba

We were fortunate to have a visit from George and his tuba. It was amazing to watch and listen as he is very talented and creates a magnificent sound.

George played the tuba to a backing track and the sounds were absolutely remarkable. We were all very impressed.

George was quite the entertainer, also telling us stories and funny jokes. We had lots of questions too, and many of his replies got a good laugh.



Our Sunnyside family really loves live music. If anyone's family or friends can play an instrument, we would love to have them play for us! Get in touch via phone on 5593 1263 or email rec@sunnysidehouse.com.au



Amazing Art

A group of us donned our art smocks and summoned our inner artists for another art class. We watched a tutorial on YouTube called 'Girls in the Rain' and all did our best at producing a similar piece.

Adam was very impressed with our works of art, as were the other residents and staff. We recommend having very different cups for drinking and paint brush washing. Don't want to get those mixed up!





Apples, Apples and More Apples

Rina, Edna and Adam ventured out (and up ladders and trees) to pick home-grown Sunnyside apples for the residents. They got four big buckets full of apples.

Residents then prepared the apples for cooking. It took a long time to get them all peeled and chopped, even with extra help from staff members.



Kitchen staff member Tanya then stewed them for us and created some delicious desserts to share.



Acting CEO's Report

Hello everyone,
February is all about leaving the Christmas silly season behind, rejoicing in Back-to-School (for the parents) and rapidly approaching the Chocolate season (Easter). But we're also coming up on the Flu season, so this is just a quick reminder to book in your flu vaccinations, as they remain a requirement of visiting an Aged Care Facility.

Kind regards,
Bec Siemon, Acting CEO.



New Staff Member



This month we welcomed Rhiannon to our PCW team. Please say hello when you see her around!



Do you want to contribute to Snippets?

We would love to print your poems, stories, artworks, photographs, tall tales, memories, or anything else you'd like to share. Please leave your contributions with Erin at Reception, give to Activities staff, or email rec@sunnysidehouse.com.au





The Cat's Miaow

Aussie took his duties as Resident Cat In Charge very seriously this month! He carried out random inspections, tested our door-opening skills and took naps in awkward places. Hmm... one of these cats is not like the other. Can you spot the odd one out?

