

OCTOBER 2022

SUNNY DAYS...FINALLY



As flowers blossomed all around and the sun shone bright, we timed our opportunity (between showers) to get outside for a bit of sunshine, fresh air and lots of laughter!







100TH YEAR REUNION



During October, Heather went to the 100 year reunion of the Camperdown High School. Heather went to the high school in the early 1950's. It was great seeing some old faces and she even bumped into our very own Markita, who also attended the school back in the day – albeit a few decades later!

It was a great day with the school putting on a fashion show before

providing guests with a high tea to celebrate the special milestone.





SENIORS WEEK

Last month we were lucky enough to secure a handful of seats for Seniors Week at the Theatre Royal in Little Manifold Street.

We were delighted to be apart of the crowd for a warm up-performance that included a friend and familiar face from our regular ventures to Morning Melodies, Bidge Boyd, who helped start off proceedings.



He put in a great performance with a few songs to get the audience up and about before Tanya Kernigan graced the stage. She entertained us aplenty with some wonderful songs and stories which we thoroughly enjoyed.





SPECIAL LITTLE VISITOR

Pat Cullen's great, great grand daughter, Vivienne Margaret, came for a visit to Sunnyside at the end of October. It was a special moment with both the oldest and the youngest in the family coming together for the first time. Vivienne was absolutley precious and it didn't take long for her to feel right at home with Pat!



NEW STAFF

During October we welcomed Peta, Chelsea (Personal Care Workers), and Allan - our new Grounds & Maintenance Officer, to the Sunnyside team. Please make them feel very welcome if you see them around the place!







Peta

Chelsea

Allan

BOBS

It was a beautiful day so we thought we would head outside to the bowling green and show everyone how it's done, with a few games of bobs. The scores ended up being very close and certainly made for some nail-biting final rounds!



Ashwinder proved to be very popular as she delivered some yummy cranberry juice and lemonade to quench our hard earned thirsts.





G'DAY, G'DAY

This little fella was keeping a close eye on Sunnyside from over the fence in October. We made sure we kept on our best behaviour.



BIRTHDAYS

More birthdays to celebrate in October with Dorothy D, Kate and Verna all circling around the sun another year! Afternoon teas were all the rage as our catering department stepped up again to spoil them on their special day.





INDOOR GAMES



While the rain continued to fall, we needed to find other ways to entertain ourselves and what better way to do so than with a few rounds of Bingo! We always have a great time playing Bingo and Adam & Markita always make sure we celebrate the winners with choccies and prizes galore!



A couple of games of Uno were also on the cards! (No pun intended).

UPCOMING: RESIDENT CHRISTMAS PARTY RAFFLE

Our annual Resident Christmas Party Raffle is now underway! Tickets are \$2 and are available for purchase near reception. Please note that any tickets that have been sent out to family and friends can be completed and handed into Sunnyside up to and including the morning of the Christmas party.



CARE MANAGER REPORT

While it feels like parts of Victoria may well float away after all the rainfall, the gardens around Sunnyside have certainly benefitted and are looking especially beautiful. We thank Frank, Krooze and our one day a week TAFE students, Alex and Harry, for all their hard work and landscaping talents.

With the holiday season approaching, just a quick reminder that colds, the flu and COVID are still very much around so please ensure you stay home, rather than visit, if you are feeling unwell.



HAPPY HALLOWEEN!!!

