

#### SEPTEMBER 2022

## FATHER'S DAY



Father's Day went off with a bang with so many prizes and winners from our annual Father's Day raffle. Sunnyside was fortunate enough to have lots of prizes donated, including some beautiful hand made wooden chests and clocks donated by Max Douthat. A special thanks also goes to Karleen Johns who knitted an adorable pair of woolen moles to give away.







# The lucky winners of our Father's Day raffle were:

Kate – Big clock

Kate – Handmade wooden chest

Verna – Blanket

Dot W - Socks

Heather - Clock

Claire – Mole teddies

Ron - Wine & chocolates

Joy Hill - Finska set

Don – Socks

On behalf of Sunnyside we hope all of the men had a great day!





#### BINGO



Bingo is always a popular favourite amongst the residents and September was no different! Jack dominated with his 'upside down' and 'pyramid' game plays. Jack has a special Bingo sense and always takes home lots of prizes!

## **EXERCISES**

From our fingers to our toes, we have been moving our bodies all over with our daily excerise program this month. It's always good to have a laugh while getting a lot of movement in. Roll out the barrels!! barrels!!



# **NEW STAFF**

During September we welcomed Selma (Personal Care Worker), Jane and Ann (Catering) to our team. Please make them feel very welcome if you see them around Sunnyside!





Selma |

Jane

Ann

### ALL THINGS FOOTY!



The week of the Grand Final we had a footy colours day for all residents and staff to get into the finals spirit!



On the Saturday, residents filled the lounge to watch the two best teams of the year battle it out on the day. The game turned out to be a bit of a fizzer (despite what Nathan thought), but it was made all the better by a delcious afternoon tea with footy themed treats for all! Even Scotty became a fan of cats for a day.



## MORNING MELODIES

A trip over the road saw us make another very enjoyable appearance at Morning Meoldies at the Camperdown Football Club. Bidge and Barb did a fantastic job of entertaining us all. Craig Giles played a great set. Bidge certainly knows lots of great musicians!





# **BOWLING TIPS**



Marg & Don decided to pull out the bowls and give the rest of us some pointers. It was a lot of fun and we are very lucky to have such a big room to play games and have a good time.



#### **BUS TRIP**





We love it when every second Friday rolls around and Chris Esh takes us on our fortnightly bus trips! We recently took a lovely tour around Camperdown. We really enjoy getting out and having a look around. It was fantastic to cruise about and see how everything is changing as we reminisced about the older days.





## **VALE**

During September we farewelled Betty & Pauline.

To their extended families and friends, we offer our sincere sympathy and trust we served them well during their stay with us.

## **GRAEME & JO**

Jo & Graeme visted us early in September for some more wonderful live entertainment. We always get some quality knee and foot tappin' stuff and often join in for a bit of a sing-a-long. It's great that volunteers are coming into Sunnyside more often to visit and entertain us. We really do appreciate how lucky we are to have such talented and generous people in our community.



## **BIRTHDAYS**

Our only birthday in September this year belonged to our longest residing Sunnyside resident, Alastair.

A masterful afternoon tea was whipped up yet again by our wonderful catering staff to celebrate the special day!



## **FAREWELL, MICK!**

After nearly four years, we said goodbye to our maintenance man, Michael, who decided to move on at the end of the month. We wish him all the best for his next chapter. He will be missed!



## **CEO REPORT**

We are grateful for the warmer spring days we have had, and how the sun warms our hearts and spirits. The sunrises and sunsets have been stunning. We are also blessed to have our wonderful ministry and communion and thank Father Neville, Father Matthew and Reverand Suzie for their time, words of wisdom and sense of community.

Keep safe, warm and dry when managing the spring rains and downpours.

Kind Regards

Claire.

