

# Sunnyside Snippets

MAY 2022

## GARDEN WALKS

Residents enjoyed soaking up some sunshine as we took the opportunity to enjoy the last days of Autumn this year.



We went for a walk around Sunnyside, looking at the wonderful gardens on our way to the fishpond. We have many avid gardeners amongst us, and it is always a great time picking the flowers and reminiscing over the names and scents we come across in the garden.



## MOTHER'S DAY RAFFLE



Congratulations to all our lucky winners of our Mother's Day raffle. A big thankyou to the wonderful people who donated gifts, especially Max Douthat from Bendigo who regularly donates items for Sunnyside residents to use in activities and items we can raffle like handcrafted clocks, jewellery boxes and also the soaps.

### WINNERS:

- Ellen K - Large clock
- Jillie D - Small clock
- Mary W - Basket
- Dot B - Hand soap
- Dorothy D - Jewellery box
- Phyllis S - Blanket, bubbles & chocolates
- Michelle - Blanket, bubbles & chocolates



## MOTHER'S DAY

Happy "Mother's Day" to all the wonderful mothers! All the ladies had a little surprise waiting for them on their special day.



## CRAFT

Earlier in the month, Juli, our new lifestyle team member, informed us about lots of special days throughout the year. May 3<sup>rd</sup> was Wild Koala Day. We honoured the day by doing some artwork with pastel and texta designs which were then displayed for all to admire!



## FOOTY TIPPING

Our AFL football tipping leaders are as follows:

Top 3 after Round 11	
Dorrie/Verna	65
Marg L.	64
Audrey	61

## UNO



At the request of Heather, Markita brought some UNO cards in from home and settled in for a very fun morning. It had been ages since we had all played. We started with 5 cards each and away we went! Adam wanted to play with a hand of 15 but we all voted against him because that's ridiculous!

## PUMPKINS



Sunnyside had a very successful veggie season this year, with pumpkins coming out of our ears! Frank & Kooze picked and delivered them to our wonderful catering staff to prepare into a variety of dishes. Pumpkin soup is always a delicious winter evening meal and will definitely be on the menu. Yummo!



## SUNNYSIDE'S BIGGEST AFTERNOON TEA

Sunnyside put its own spin on the Cancer Council's annual fundraiser this year, holding a Biggest Afternoon Tea.



Residents and staff were encouraged to bring a gold coin donation and wear their brightest attire to bring awareness to a great cause. Everyone looked smashing in their bright colours, with Dawn taking home the title of 'Best Dressed'.



Unsurprisingly, the kitchen staff put on an amazing spread! Even the residents pitched in, making some slices and rumballs for the occasion.



Markita also organised some fun activities including a game called 'Lucky Cup of Tea', which saw residents and staff enter in the chance to win some money of their own, all the while raising \$355 for the Cancer Council Australia on the day.



## BIRTHDAYS

Lovely birthday celebrations were held for our May Birthday residents, Mary W and Theresa.



## BUS TRIP

The Sunnyside Bus went on a trip to Hopkins Falls this month. All the residents had a wonderful time chatting and laughing along the way.



The river was running wild and the view was amazing! A BIG thankyou to our volunteer bus driver, Chris.



## NEW STAFF

During May we welcomed Melanie and Amy to our catering team. Please make them feel very welcome.



Melanie



Amy

## MORNING MELODIES

The bopping vibes were abuzz again as Camperdown Football Club played host to Morning Melodies.

Residents enjoyed listening to Bidge Boyd and Evan Platschinda. Evan's genre of music is Aussie ballads. There were some great stories hidden within some of his original songs.



## VALE

During May we farewelled Anne.

To her extended family and friends, we offer our sincere sympathy and trust we served her well during her stay with us.



## CEO REPORT

Winter has welcomed herself into our lives. Don't forget to stay hydrated – we don't get as thirsty in winter but our organs still need water to keep healthy.

Below is a pledge from 'EveryAGE counts'.

"We stand for a world without ageism, where all people of all ages are valued and respected and their contributions are acknowledged. We commit to speak out and take action to ensure older people can participate on equal terms with others in all aspects of life."

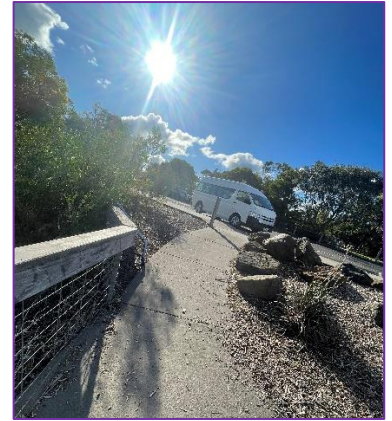
It would be wonderful if we all adopted this pledge, not just for ageism, but for any "ism". The web address is [www.everyagecounts.org.au](http://www.everyagecounts.org.au)

Kind Regards  
Claire



Who would have loved to win this Mother's Day raffle?!

## PHOTO BOARD



## QUOTES CORNER

Success is not final;  
Failure is not fatal;  
It is the courage to continue that counts.  
-Winston S. Churchill

Today is your opportunity to  
begin the tomorrow you want.  
-Ken Poitot

More powerful than the will to  
win is the courage to begin.  
-Orrin Woodwall

Always have eyes which see the  
best, a heart that forgives the  
worst, a mind that forgets the bad,  
and a soul that never loses hope.  
-Facebook Motivational Quotes

Be so busy improving yourself  
that you have no time to criticise  
others.  
-Facebook Motivational Quotes

Success is not an accident. It is hard work,  
perseverance, learning, studying, sacrifice, and most of  
all, love of what you are doing or learning to do.  
-Pele