

DORRIE TURNS 100!



On the 25<sup>th</sup> August Dorrie turned 100!

We had a big 100<sup>th</sup> birthday party with a huge, delicious feast by our wonderful catering staff.

It was an amazing assortment with all sorts of savoury and sweet treats and also a gorgeously decorated sponge for Dorrie's birthday cake. A big thanks to the staff who helped the party run so smoothly.



Dorrie's flowers from Sunnyside



## SHARING SKILLS

Mary W taught Dot W how to crochet so she could finish the third blanket created by the Sunnyside Knit and Knatter group.



It's the 1<sup>st</sup> rug finished using Mary's knowledge of crochet. Dot thinks this effect makes the rugs look much better. "It's a lovely rug and the bright pink edging really sets off the completed rug." The amount of knitting going on would make you think there will be plenty more crocheting for Dot to do in the future 😊.

## BIG HUGS FROM ST PATS

St. Patrick's students kindly made a number of big hugs written with warm wishes to our residents.



*Grote knuffel* (big hug in Dutch)

## OLYMPICS

Early in the month of August the Olympics were still being played.



We decided we'd give a very odd recipe a try. We filled ice cream cones with cake mix, and once cooked, iced and decorated with flame looking candy sheets. They turned out looking great. Thanks for the recipe Claire!



The next day we ate our Olympic torches and were all really surprised because they actually tasted good! So much so, Adam ate several and then felt sick!



## MAKING MARMALADE

In the middle of August, many of us came together to make some marmalade. We cut up many kilos of oranges and a few grapefruit, whilst Adam zested a buddha lemon. We had to cut pieces really, really small so they would cook down.



Adam didn't read the recipe (again) and put 20 cups of sugar in before the fruit had been cooked.



The kitchen took control the next day and sorted the mistake by adding more sugar. So if you've tried the marmalade and think it's sweet, that is why!

## BABY CONGRATULATIONS!

Due to the border closures, Pratima unfortunately had to fly out quickly to Sydney to be with family before we could farewell her properly. Since then, Pratima & Adhikari have welcomed their son, "Praise", into the world on Wednesday 25<sup>th</sup> August 2021 at 12:32am, weighing in at 3.1 kg (6.8lbs), length 50.5cm (18.9 inches).



On August the 22<sup>nd</sup>, Olivia left us to go on maturity leave. Since leaving Olivia and Dylan have had a beautiful baby boy, which they have named Ryder.



Ryder was born on 27<sup>th</sup> August at 10:05pm, weighing 2.85kg (6lb & 4.5oz) and 51cm long.

We wish Olivia all the best for the time she has away from us getting to know her baby son.

## SINGALONG, FAREWELL & A BIRTHDAY!

We had a massive afternoon on the last Monday of August. We started the afternoon's activities with Part 3 of Sunnyside singalong. We belted out a bunch of golden oldie songs after a slight technical hiccup, that luckily for Adam, Nirmal was able to rectify.



Following the singalong we had two occasions to celebrate – Dulcie's birthday and Susan's farewell.

Catering once again excelled with the celebratory fare. Susan wanted to give back to the residents and staff, so brought a celebratory "Thank you" cake to share with everyone.



## WALKS

Laura (Allison's daughter), who is studying Occupational Therapy, is helping with the Leisure and Lifestyle team until October.



Adam and Laura were fortunate enough to have some nice weather to take some residents out for "final days" of winter garden walks. It was a little windy and cool but also really nice to be out in the sun again.

## DAFFODIL DAY

The residents enjoyed spending a couple of afternoons making and knitting daffodils for Daffodil Day. Dot W enjoyed knitting a big daffodil to make centre piece's for the tables in the dining room.



The other residents enjoyed making badge's for all residents to wear on themselves or with which to decorate their wheelie walkers. All residents involved enjoyed doing this activity and enjoyed a yellow cupcake for Daffodil Day.

## FOOTY TIPPING

Bill was pretty happy to win \$30 for the footy tipping competition. When Adam explained that it was a \$50 dollar note, not a \$20, Bill was even happier to win \$60!



Dorrie ended up taking 2<sup>nd</sup> place and pocketing \$40, with Rose taking home \$30 for 3<sup>rd</sup> place. Rose was very lucky to jump back into 3<sup>rd</sup> place through some excellent tipping in the final round.

## BUS RIDE TO WATERFALLS

The first week of August saw heavy rainfall in the district, so our residents really enjoyed the amazing view at Hopkins Falls.



## LABELLING OF NEW CLOTHING

All clothing brought into Sunnyside for our residents must be labelled with a laundry marker, and left at reception in a labelled plastic bag. Clothing will then be taken to the laundry where permanent labels will be affixed.

## INCOMING FOOD ITEMS

All food being brought into Sunnyside for residents must be labelled and dated and the food register in the front foyer must be completed. This is a vital part of our food safety plan.

## BUS RIDE TO FRIDAY 13th

Camperdown businesses once again ran a “Friday 13<sup>th</sup>” sale and many shop assistants dressed up for occasion.



Our residents were able to drive past and enjoy the decorated shops and even managed to meet a few interesting characters!



## THANK YOU



We are blessed to have so many lovely community members, staff and residents, who donate various things to Sunnyside including flowers, crafts, magazines, homemade cards and condiments, knitted items, wooden crafted items and many, many more.

We would like to thank each and everyone of you for your thoughtfulness and generosity.

## NEW RESIDENTS

In August we welcomed Margaret to Sunnyside. We also welcomed Marni, Yvonne, Barbara and Valerie for respite. We hope you have all had a chance to introduce yourselves to our new residents and make them all feel very welcome.

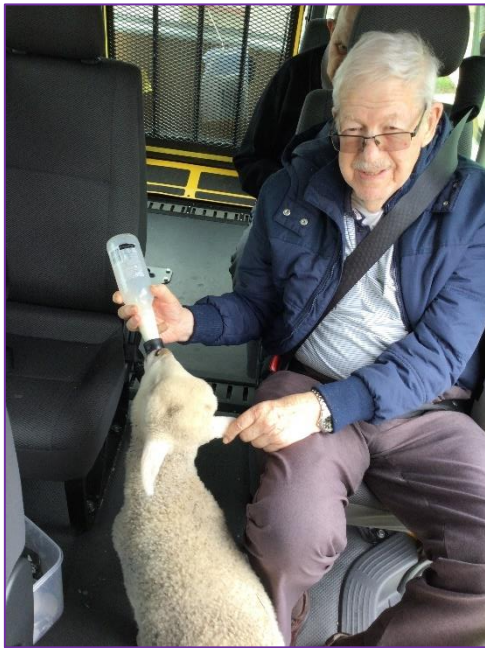


## BUS VISITOR!

Our residents enjoyed a great day trip out to Red Rock. The view is always amazing and enjoyed by all.

The residents were also excited to have an orphan lamb come on board for a feeding session.

Thank you to Jenny for organising such a wonderful adventure.



## CROSSWORD

### Ice Cream Flavors

M	O	T	T	O	W	R	A	R	A	B	N	D	I
A	A	Y	R	R	V	T	S	T	N	C	A	L	Y
P	G	G	I	E	A	K	T	A	A	O	T	I	E
L	P	C	P	I	N	G	R	O	N	O	I	A	K
E	S	N	L	R	I	C	A	T	A	K	L	T	O
W	E	R	E	F	L	H	W	U	B	I	O	R	P
A	S	O	T	U	L	O	B	N	I	E	P	E	Y
L	E	C	O	D	A	C	E	O	N	D	O	G	E
N	E	K	R	G	A	O	R	C	A	O	E	I	K
U	R	Y	N	E	N	L	R	O	C	U	N	T	O
T	Y	R	A	A	N	A	Y	C	E	G	I	D	H
I	N	O	D	N	O	T	O	A	P	H	C	E	I
T	N	A	O	S	A	E	T	N	E	E	R	G	R
A	T	D	C	O	T	T	O	N	C	A	N	D	Y

TRIPLE TORNADO  
 RESSES  
 NEOPOLITAN  
 CHOCOLATE  
 STRAWBERRY  
 COTTON CANDY  
 COCONUT  
 ROCKY ROAD  
 COOKIE DOUGH  
 TIGER TAIL  
 GREEN TEA  
 HOKEY POKEY  
 MAPLE WALNUT  
 FUDGE  
 PECAN  
 BANANA  
 VANILLA



## CEO REPORT

Challenging times they are called! Here's hoping the selfish people who do not follow the public health warnings finally see sense and stop putting the rest of us at risk. This last wave of the COVID-19 Deltra strain has travelled at a very fast and furious rate. We, at Sunnyside, endeavour to keep our residents and staff safe by following the public health & government guidelines, and getting vaccinated.

Stay safe, dry and warm!

Kind Regards,  
Claire

## PHOTO CORNER

