

**APRIL 2021** 

## **EASTER**

Easter morning saw the residents receive an easter egg and flashing pen from the generous Lolly Trolley Auxiliary.













# **EASTER RAFFLE**

Congratulations to our 2021 Easter raffle winners:

- Wendy Jacobson
- Carol Eagle
- Millicent J
- Lani Anderson
- Joy Simpson
- Rina Jordan



A huge thank you to the Brebner family and other staff who donated prizes for this raffle.

\$538.00 was raised for residents' activities.





## MORNING MELODIES

The residents once again had the opportunity to head out to enjoy Morning Melodies this month.









### FOOTY TIPPING

Football tipping is going extremely well with three residents picking eight winning sides one round!

Top 3 after Round 7	
Bill	38
Rose	34
Dorrie	34



#### COOKING

Apples, apples and more apples have been peeled, sliced and stewed for lovely desserts.



We have been cooking up a storm making biscuits for afternoon tea, enjoyed by all.



We have also made many jars of tomato relish, on sale here at Sunnyside! The recipe for the tomato relish is from Rose's mother's own recipe book.



A big thank you to the Sunnyside Opshop for donating a number of glass jars for our relish.









#### **BOWLS & BUCKET BALL**

Bowls has been keenly attended by many residents, lots of fun had by all.



As with bowls, everyone has a go at bucket ball, with lots of laughter and close scoring shots.



### **NEW STAFF**

During April we welcomed Maddy to the Sunnyside team. Please make her feel welcome



#### **NEW RESIDENTS**

April we welcomed Jane and Dulcie to Sunnyside. We hope you have all had a chance to introduce yourselves to our new residents and make them both feel very welcome.

#### ANZAC DAY

We remembered our fallen soldiers and their families on ANZAC day. Mavis laid the wreath and George was on flag duty. We said some prayers, read some poems and sang a few songs, all in the name of the lost, but not forgotten.



ANZAC Day falls on the 25<sup>th</sup> as this day in 1916 the ANZACS set out to capture the Gallipoli Peninsula. The battle of Gallipoli went for ten months.

Lest we forget.

### **COVID VACCINATIONS**

Thanks to our supportive local doctor's clinics our residents had the opportunity to receive their first COVID-19 vaccine late April.







# **BIRTHDAYS**

Seven residents celebrated birthdays this April!

Jack E 1st April
Joyce W 2nd April
Jane 4th April
Pat 16th April
Leo 20th April
Shirley R 29th April
Glad 29th April



Joyce turned 101 and had a lovely celebration with her family



Glad celebrated her 102<sup>nd</sup> birthday



Birthdays are always celebrated with beautiful sponge cakes made by our wonderful kitchen/catering staff.









### **CEO REPORT**

A reminder to all, entry will not be permitted to Sunnyside House **from Friday**. **21st May 2021** without written proof of a valid 2021 flu vaccine.

The 2020 flu vaccination will no longer be valid for on-site visitor opportunities from Friday 21 May, 2021.

Proof of current valid flu vaccination for 2021, or valid medical exemption for 2021, must be provided to reception prior to entry at Sunnyside.

At this stage there are no requirements regarding entrance to aged care facilities if you have/haven't had a COVID-19, however, please provide a copy for our records if you have received this vaccination.

Claire Schmierer
Chief Executive Officer

WHAT'S ON	
Jo & Graham singing	Thursday, 6 <sup>th</sup> May @ 1.30pm
	Resident lounge
John Larkins playing piano	Saturday, 8 <sup>th</sup> & 22 <sup>nd</sup> May @ 2.00pm
	Resident lounge
Prayer Group	Every Wednesday @ 10.30am
	Resident lounge
Catholic church service	Every Thursday @ 10.30am
	Moornong Room
Resident & Relative meeting	Tuesday, 1 <sup>st</sup> June @ 10.30am
	Resident lounge (via Zoom for families)

### PHOTO CORNER





















If someone living with dementia is in your care, you can refer to Dementia Australia.

Dementia Australia's specialist support services enable people living with all types of dementia to live as well as possible at every stage, from pre-diagnosis onwards.

#### Our services include:

- National Dementia Helpline
- Counselling support
- Support for people recently diagnosed
- Support for families and carers
- Support for younger onset dementia clients
- Social support and engagement programs

Referring your clients to Dementia Australia is simple

Learn more

National Dementia Helpline 1800 100 500 dementia.org.au

