

FEBRUARY 2021

## **BOWLS**

We started February off with a very serious and intense game of bowls. An afternoon enjoyed by all.



# SUNNING WITH SUNFLOWERS

Ellen and Joyce posed in front of the beautiful batch of sunflowers we have growing in the courtyard. This summer the Corangamite shire handed out free sunflower seeds to anybody who wanted to plant sunflowers on their property.



## COOKING

We did lots of cooking in Feburary. Spicy current snaps were the first recipe put together by residents, Jane and the lovely and helpful staff in the kitchen. Some very delicious morning and afternoon tea snacks were enjoyed by all the residents.



Cupcakes and chocolate chip cookies were the next thing on the menu. We spent an afternoon preparing some more delcious foods for afternoon tea.











#### **WALKS**

There was some fantastic weather throughout February which we couldn't miss, getting outside for some garden walks. Frank and Krooze have been doing an amazing job of keeping the garden up to an outstanding level.



We are very lucky to have such wonderful grounds with so many different species of gorgeous flowers and plants. It's lots of fun on the walks discussing all the different flowers.



#### VALENTINE'S DAY

Residents made chocolate moulds and wrapped individual chocolates for their families, husbands & wives. A great job done by all.



## MORE COOKING!

Frank picked us many apples and Claire brought in plenty of blood plums in the middle of the month. We all got to work peeling and cutting the apples ready to be stewed whilst Jane got busy de-pipping the plums. A very thorough production line eventuated with different jobs for each of us. In the end we got through all the fruit even though at times the task seemed impossible.



The day after we stewed the apples we turned them into delicious apple pies which we enjoyed eating the next day. We had three pie makers going and made four dozen little beauties!







#### SCOTTY

Jenny has been bringing Scotty in each Friday. He is so cute and growing up very quickly. Hopefully Aussie is getting used to the Friday visitor, and by the end of the year they may be the best of friends.





## **COVID-19 CONSENT FORMS**

All families were sent information and consent forms regarding COVID-19 vaccinations. If you are a substitute decision maker please complete and return the consent form as soon as possible, as we will receive no more than one week's notification of the vaccination date. Please phone Claire if you would like to discuss.

## **ENTRY PROCESS**

- Ensure you are wearing a face mask
- Press doorbell at front entry
- Wait for designated staff to let you in
- Provide proof of flu vaccine (if not already pr ovided)
- Sanitise
- Complete visitor declaration
- Have your temperature recorded

## **EXIT PROCESS**

- A staff member will open door to foyer
- Write your exit time in book
- Sanitise

## **BIRTHDAY**

Dorothy N was the only resident to have a birthday this month.



We had a great time celebrating with laughter and fun and

best of all a delicious sponge cake made by the wonderful Ros in the kitchen. Ros is very happy to be the new catering manager.

#### **AUSSIE**

Our resident cat, Aussie, was recently discovered sleeping after reading a book all about canaries!



#### **CEO REPORT**

The Residential Aged Care Facilities – 27<sup>th</sup> February 2021 document states: "In addition to the written declaration, all staff and visitors must be checked for symptoms, including checking for a temperature of over 37.5 degrees Celsius."

#### A person must not enter a RACF if:

- you are not wearing a fitted face mask (unless an exemption applies) a face shield on its own does not meet the face mask requirement
- you are unwell or have even the mildest symptoms of COVID-19 such as:
  - fever or temperature over 37.5 degrees Celsius
  - loss or change in sense of smell or taste, chills or sweats, cough, sore throat, shortness of breath, and/or runny nose' etc.
  - Get tested



Claire Schmierer Chief Executive Officer

## ANIMAL WORD SEARCH

GESUOMHNWRB X D A Q H J X O O M L WSHNL HTP R I C WMEFF ARI G K I 5 Y K H R T OWI EFBXXL G E IL L HNXP I C F C Z S L R NHRS THET DR I NZACSTYXL WI WUQHKLJAE AUF OYKNVQZ QQDP XMTLQETJY 5 Y ACKQCLKMONK TSHWLYETDRA

CAT HIPPO MOUSE TIGER
DOG SQUIRREL MONKEY
BIRD GIRAFFE ALLIGATOR
ELEPHANT FISH LION